



# SUMMER CAMP VOLLEY ACADEMY EVOLUTION 2023 PLAN



DAY	MORNING	AFTERNOON	EVENING
<b>SUNDAY</b>	BY 12:00 AM ARRIVAL AND CHECK IN 01:00 PM LUNCH	PRELIMINARY PRACTICE SESSION BY PLAYER ROLE	08:30 PM DINNER WELCOME EVENING
<b>MONDAY</b>	GROUP PRACTICE SESSION (MAX 15 PPL - 2 HOURS) BY PLAYER ROLE 01:00 PM LUNCH	GROUP PRACTICE SESSION (MAX 15 PPL - 2 HOURS) BY PLAYER ROLE	08:30 PM DINNER ENTERTAINMENT EVENING
<b>TUESDAY</b>	GROUP PRACTICE SESSION (MAX 15 PPL - 2 HOURS) BY PLAYER ROLE 01:00 PM LUNCH	SETTER/LIBERO GROUP PRACTICE SESSION	08:30 PM DINNER PARTY BY THE POOL
<b>WEDNESDAY</b>	GROUP PRACTICE SESSION BY PLAYERS' ROLE 01:00 PM LUNCH	BEACH AFTERNOON (ALL TOGETHER)	08:30 PM DINNER ENTERTAINMENT EVENING
<b>THURSDAY</b>	PRACTICE SESSION BY PLAYERS' ROLE 01:00 PM LUNCH	SETTERS/SPIKERS PRACTICE SESSION	08:30 PM DINNER ENTERTAINMENT EVENING
<b>FRIDAY</b>	PRACTICE SESSION BY PLAYERS' ROLE 01:00 PM LUNCH	GLOBAL PRACTICE (ALL ROLES) BY GROUPS	08:30 PM "ROMAGNA DINNER" (TYPICAL LOCAL FOOD DINNER) END-OF-CAMP PARTY
<b>SATURDAY</b>	10:00 AM VIDEO OF THE WEEK, REVIEWS, GREETINGS, CHECK OUT		

**NOTES:**

- All practice sessions will last 1:45 or 2 hours each • Sessions sequence might change • Video analysis and play techniques review will also be included in practice sessions
- Groups not occupied in practice sessions or other official activities, will be either on the beach or down by the swimming pool, depending on weather and Sr Leader in charge of group entertainment